

Fiesta ST Traction Bar Installation Guide

- 1.) Put your vehicle in the air via a set of ramps. You'll want to have your car on ramps because the suspension must be loaded during installation.
- 2.) With the car on ramps we can see the two horizontal Lower Control Arm bolts. Remove these two bolts. Warning: sometimes these bolts are EXTREMELY tight. be ready with an air impact gun or your favorite redneck that runs on nicotine and hate with a breaker bar.
- 3.) Bolt the traction bar on ensuring that you have enough clearance between your charge pipes. While not required, some people like to replace the oem bolts with new ones. Make sure the vehicle is on ramps and the suspension is loaded.
- 4.) Torque both bolts down to 115 ft lbs. Again the suspension must be loaded to ensure you dont get any popping noises.
- 5.) Go send it hard in the twisties!