

Focus ST/Mazdaspeed3 Rear Traction Bar Install Guide

- 1.) Put the vehicle in the air on jack stands.
- 2.) with the vehicle in the air, locate the two horizontal toe arm bolts and remove. Please use the included picture for reference



- 3.) Reinstall the oem bolts(you do not need to replace these). This can get tricky as the toe arms dont always like to realign. There are a couple of methods to dealing with this.
 - a.) Remove the wheels and use a jack to raise and lower the rear suspension one side at a time until the holes line up and you can get the bolt started. Be careful to not lift the car off of its jack stands if you choose this option.
 - b.) Remove the lower bolt of the toe arm and install the upper bolt with traction bar first and then the lower bolt onto the knuckle.
- 4.) Torque the bolts down to 48 ft lbs.
- 5.) Remove vehicle from jacks and go enjoy your new brace! (double check your lug nuts if you followed step 3 option a!)